



# Spring Cleaning Checklist

Start with tasks that apply to all rooms

Then hit each room one-by-one for more specific cleaning.

Clean your room top to bottom

## All Rooms

- Dust ceiling fans and light fixtures
- Clean windowsills and window tracks
- Vacuum curtains and window blinds
- Wipe down baseboards and shoe moulding and dust corners for cobwebs
- Test batteries in all your smoke detectors
- Disinfect doorknobs, cabinet handles and light switches

## Kitchen Spring Cleaning Checklist

- Clean all large appliances, small appliances and surfaces in your kitchen:
- Wipe down your microwave, coffee-maker and other small appliances
- Empty the crumb tray in your toaster and toaster oven
- Empty the refrigerator and defrost the freezer
- Clean refrigerator shelves (they may fit in the dishwasher!)
- Clean behind and beneath the refrigerator (those coils get dusty!)
- Clean your oven and scrub the stovetop
- Clear out cabinets and wash the shelves

Sanitise the sink and clean the inner rim of your sink guard

## Bedroom Spring Cleaning List

- Organize drawers and closets (donate any clothes that you didn't wear!)
- Wash bedding and pillows
- Rotate your mattresses
- Disinfect kids' toys (throw plastic toys in the dishwasher!)

## Bathroom Spring Cleaning Checklist

- Organise cabinets and drawers
- Properly dispose of old medicine and toiletries
- Scrub the shower and bathtub
- Wash the shower curtain and floor-mat (some can go in the washing machine)
- Scrub the toilet and tile around the toilet

## Smaller Area & Outdoor Spring-Cleaning List

### Home Office

- Clean your keyboard with canned air
- Disinfect your computer mouse and phone

## Living Room

Remove furniture cushions and vacuum crevasses

## Laundry Room

Clean behind the washer and dryer  
Thoroughly clean the lint traps in your dryer AND washer

## Outdoors

- Remove everything from your garage reorganize (is it time for a sale?)
- Pressure wash your deck and outdoor furniture
- Hose-out your garbage can and recycling bins
- Remove window screens and wash them with a soapy sponge and water
- Wash the outside of your windows before replacing your window screens

**Congratulations, you've reached the end of the Spring-Cleaning Checklist.**

**No sweat, right.**

To make spring cleaning a little lighter next year, we recommend establishing a regular cleaning schedule. If you need a little help, keep in mind that Concept cleaning offers flexible cleaning options. Whether you're spring cleaning or preparing for Company [www.conceptcleaning.co.nz](http://www.conceptcleaning.co.nz) contact your local [Concept Cleaning](http://www.conceptcleaning.co.nz) for an extra hand!

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